

# **RESUME**

Full Name: Dr. Praveen Saroha

Date of Birth: 22<sup>nd</sup> August 1974

Contact Details: Address: House No: 250 Sector 7, Urban Estate Gurugram, Haryana – 122001

Tel.: +09205475016, 9911102232

E-mail: psaroha@nsut.ac.in, dpe@nsut.ac.in, nsscell@nsut.ac.in

# **Academic Qualification:**

Year Passed	Institution/University and City	Qualification/s Awarded	Division	
2018	Sri Satya Sai University of Technology & Management, Bhopal	PhD	Awarded	
2014	Athletic Federation of India	FSTO	Qualified	
2011	IGNOU	PGDHRM	First DIv	
2003	LNCPE	Coaching Certificate course in Volley Ball	First Div	
1997	University Grant Commission	National Efficiency Test	Qualified	
1996	Delhi University, New Delhi	Masters of Physical Education and Sports	First Div	
Delhi University, New Delhi 1994		Bachelor of Physical Education and Sports	First Div	
1991	Kendriya Vidyalay Gurgaon	Class XII	Second Div	
1989 Kendriya Vidyalay Gurgaon		Class X	First Div	

S.No	Organization	Permanent/T	Post Held	From	То	Total
		emporary				Experience
1	BBPS	Permanent	TGT	01.07.1996	30.06.1998	02 years
2	NSUT	Permanent	PET	21.09.1999	29.11.2010	11 Years
3	SAC(M)	Adhoc	Lecturer P.E	30.11.2006	30.04.2007	5 Months
4	NSUT	Permanent	PET	01.05.2007	17.08.2010	3 yrs,3moths
5	NSUT	Permanent	DPE (o)	18.08.2010	25.11.2012	2yrs-3mnths
6	NSUT	Permanent	PET	26.11.2012	15.10.2014	1yr 11mnths
7	NSUT	Permanent	DPE (o)	16.10.2014	continue	8 yrs 5 Months (till March 23)

**Teaching Experience:** Designed the Course and Curriculum for the 04 Foundation Elective Courses of (FE001-Sports01),(FE002-Sports02, (FE003- NSS), (FE015-Yoga), (FEPD109 Sports Sciences), (VAPD01-Sports01), (VAPD02-Sports02), (VAPD03-NSS), (VAPD15Yoga)

- 1. **Time Table Coordinator:** Time table coordinator for value added courses in the Department of Personality Development.
- 2. **Course Coordinator**: Appointed as Course Coordinator for value added courses in the Department of Personality Development.
- 3. **ERC**: Appointed as ERC for value added courses in the Department of Personality Development.
- 4. **Member Board of Studies:** Appointed as member Board of Studies in the Department of Personality Development

S.No	Responsibility	Undergraduate/Post Graduate	Course Name	Working Hours/week
1	Theory Class	Post Graduate	Sports Sciences	1 hour/ week
2	Practical Class	Post Graduate	Sports Sciences	2 hours/ week
3	Theory Class B.E	Under Graduate	Physical Education & Sports 01 and Sports 02	4 hours/week
4	Practical Class B.E	Under Graduate	Physical Education & Sports 01 and Sports 02	4 hours/ week
6	Practical Class	Under Graduate	National Service Scheme	4 hours/week

#### Sports Organization Responsibilities as Director Physical Education:

- 1) North Zone Inter University Table Tennis (Women) Tournament 2023-2024: Conducted the North Zone Inter University Chess (Men) tournament at NSUT from 23<sup>rd</sup> December 2023 to 25<sup>th</sup> December 2023. Appointed as Organizing Secretary of the Tournament. Event was Inaugurated by Prof. Anand Srivastava, Hon'ble Vice Chancellor, NSUT. Guest of Honour was Sh.Kunal Mahajn, Industrialists of Multi Sports Utility Items. Dr. Anil Kalkal Director Physical Education and Sports University of Delhi, was the observer from AIU.
- 2) North Zone Inter University Chess (Men) Tournament 2021-2022: Conducted the North Zone Inter University Chess (Men) tournament at NSUT from 25<sup>th</sup> February 2022 to 27<sup>th</sup> February 2022. Appointed as Organizing Secretary of the Tournament. Event was Inaugurated by Sh. Piyush Mohanty SDM South West, Dr. Anil Kalkal Director Physical Education and Sports University of Delhi, and Prizes were given by Mrs. Anupama Chakravarty SDM (Elections) South West Delhi
- 3) 1st All Delhi Government Inter University Sports Tournament 2021-2022: Take initiative to start the Sports Tournament of all the Ten Universities of Govt. of NCT Delhi, being the First Tournament hosted by NSUT. Organized the 1st All Delhi Government Sports Tournament 2021-2022 at NSUT from 11th March 2021-13th March 2022. It is first of its kind tournament involving student's participants of all the 8 universities of Delhi Government. The Event was Inaugurated by Hon'ble Vice Chancellor of IGDTUW as Chief Guest and on Award ceremony Sh. Devesh Chander Srivastav, IPS, DG Mizoram gave the Prizes.
- 4) Inter University Participation 2019 onwards: Sending various sports teams to North Zone Inter University and All India Inter University Tournaments organized by Association of Indian University. Chess, Basketball, Football, Kabaddi, Table Tennis, Badminton, Cricket, teams of NSUT were sent to North Zone and All India Inter University Tournament in men and women section. Athletics, Shooting and Powerlifting team of the University were sent to All India Inter University Tournament.
- 5) **Delhi University Inter College Participation:** Sent sports team to different Inter College Tournaments of Delhi University till 2018.
- **6) Professional College Invitational Participation:** Sending teams to different all India Invitational Professional colleges sports tournaments like IIT Delhi, IIT BHU, IIT Kanpur, BITS Pilani, IIIT Gwalior, IIT Hyderabad, Thapar University, IIT-Roorkee etc.
- 7) Organization Of Annual Sports Day and Prize Distribution Ceremony: Every Year the Annual Sports day and Prizes Distribution ceremony have been organized at university.
- 8) Organization Of Intercollege Sports Festival Triquetra: Every third year the organization of Triquetra, a Inter College Sports Festival of Professional Colleges of Delhi and NCT at University.

- **9)** Organization of Intra-Murals Competition: Every Year the Intra-mural sports Competition has been organized within the university.
- **10)** Organizing Professional Sports Training: Making all arrangements for Professional coaching by professional sports coaches to all the major games to make them prepare for different sports competitions.
- **11) Play Fields management:** Making ready to play and practice play fields available to the students of university.
- 12) Maintenance and Operation of Gymnasium and Indoor Sports Activities
- **13) Procurement of Sports Goods:** Make available all the necessary sports goods available to the students of university.
- **14) Maintenance of all Issue and Stock register:** Stock register and Issue register maintenance for all the sports equipment's purchase and issued to students of University.
- 15) Inventory Holder: Maintenance of all the inventory of the Department of Physical Education.

### **Professional Responsibilities**

- 1. **Organizing Secretary North Zone Inter University Table Tennis(Women):** Appointed as the organizing secretary for the organization of North Zone Inter University Table Tennis (Women) tournament 2023-2024 at NSUT
- 2. **Member Organizing Committee North Zone Inter University North Zone Inter University Table Tennis & Chess:** Appointed as the member Organizing Committee by Delhi University Sports Council for North Zone Inter University Table Tennis (men and Women) and Chess (Men and Women) by the Delhi University Sports Council 2022-2023. 7<sup>th</sup> Feb to 15<sup>th</sup> Feb 2023 for Chess men and Women and 28<sup>th</sup> December 2022 to 4<sup>th</sup> January 2023 for Table Tennis (Men and Women)
- 3. **Organizing Secretary North Zone Inter University Chess (Men):** Appointed as the organizing secretary for the organization of North Zone Inter University Chess (Men) tournament 2021-2022 at NSUT
- 4. **Organizing Secretary:** Appointed as the organizing secretary for the of the 1<sup>st</sup> All Delhi Government Inter University Sports Tournament 2021-2022.
- 5. Venue Director North Zone Inter University Cricket Tournament: Appointed as the Venue Director by the Delhi University Sports Council, University of Delhi for the conduct of North Zone Inter University Cricket (M) tournament held at NSIT cricket grounds in the year 2014-2015.
- **6. Venue Director All India Inter University Softball (M & W) Tournament:** Appointed as the Venue Director by the Delhi University Sports Council, University of Delhi for the conduct of All India Inter University Softball (M & W) tournament held at NSIT grounds in the year 2014-2015.
- 7. Venue Director All India Inter University Table Tennis (M & W) Tournament: Appointed as the Venue Director by the Delhi University Sports Council, University of Delhi for the conduct of All India Inter University Table Tennis (M & W) tournament held at NSIT in the year 2015-2016.

- **8. Venue Director for Weight Lifting, Power Lifting and Best Physique Inter College Tournament:** Organized the Delhi University Inter College Weight Lifting, Power Lifting and Best Physique Inter College Tournament 2017-2018 at NSIT.
- 9. Venue Director for selection Trials of Delhi University Weight Lifting: Conducted Selection trials for Delhi University Weight Lifting Selection Trials for All India Inter University Tournament 2021-2022 on 4<sup>th</sup> March 2022.
- **10.** Nominee Sports Council Delhi University Sports Council UG Courses: Nominee of the Delhi University Sports Council for the conduct of admissions under Sports Quota for the different under graduate courses from the year 2015 to 2020 and 2022
- 11. Nominee Sports Council Delhi University Sports Council Post Graduate Courses: Nominee of the Delhi University Sports Council for the conduct of admissions under Sports Quota for the different post-graduate courses from the year 2018-2019.
- **12. Manager Delhi University Net Ball Team**: Appointed as the Manager of the Delhi University Net Ball Team for All India Inter University Net Ball (M) tournament 2015-2016 at Chandigarh.
- **13. Manager Delhi University Foot Ball Team**: Appointed as the Manager of the Delhi University Foot Ball Team for North Zone Inter University Foot Ball (M) tournament 2016-2017 at Punjab.
- **14. Manager Delhi University Badminton Team**: Appointed as the Manager of the Delhi University Badminton Team for All India Inter University Badminton (M) tournament 2017-2018 at MD University Rohtak, Haryana.
- 15. Manager Delhi University Weight Lifting, Power Lifting and Best Physique North Zone Inter University Tournament: Appointed as the Manager of the Delhi University Weight Lifting, Power Lifting and Best Physique North Zone Inter University Tournament held at Pathankot.
- **16. Presentation Manager Commonwealth Games:** Appointed as a Sports Presentation Manager by the organizing Committee of 2010 commonwealth games. Organized various sports presentation ceremonies at Karni Singh Shooting Range New Delhi and Kadarpur Shooting Range Gurgaon.
- **17.** Convenor Weight Lifting, Power Lifting and Best Physique Inter College Tournament: Organized the Delhi University Weight Lifting, Power Lifting and Best Physique Tournament 2014-2015 at NSIT.
- **18.** Convenor Badminton (Men & Women) Delhi University Admission Under Sports Quota: Appointed as the convenor of the Delhi University admission Committee for the admission of students under Sports quota-, 2017-2018 and 2018-2019.
- 19. Convenor Table Tennis (Men & Women) Delhi University Admission Under Sports Quota: Appointed as the convenor of the Delhi University admission Committee for the admission of students under Sports quota-2018-2019.
- **20. Venue Director for Delhi University Cross Country:** Organized the Delhi University Inter College Cross Country (M&W) race 2017-2018, 2018-2019 at NSIT.

- **21. Venue Director for Delhi University Half Marathon:** Organized the Delhi University Inter College Half Marathon (M&W) race, 2017-2018 and 2018-2019 at NSIT.
- **22. Convenor Football Inter College Tournament:** Organized the Delhi University Inter College Football Tournament 2016-2017.
- **23. Convenor Badminton Inter College Tournament:** Organized the Delhi University Inter College Badminton Tournament 2017-2018.
- **24. Meet Director Annual Sports NSUT:** Appointed as the Meet Director to conduct the Annual Sports of NSUT since 2010.
- **25. Meet Director Inter-College Sports Festival:** Appointed as the meet Director and organized the Inter-College event "Utkarsh" of different games at NSUT from 2013 to 2015.
- **26. TRIQUETRA:** Worked out all the documentation and Started a Inter College event which is being organized by the three Premier Institution of Delhi Government I.e. NSUT,DTU and III-T Delhi on rotational basis with the financial implication bear by each institution on rotation basis.
- 27. Organizer Intra-Mural Sports NSUT: Organized Intra-Murals Sports at NUST since 1999.
- 28. Coaching Camp Inter University Netball: Organized Coaching camp of Netball (Men) at NSUT 2015-2016 for the North Zone Inter University Netball Team.

**Responsibilities other than Director Physical Education and Sports:** University gave Extra Responsibilities as University Coordinator NSS, Nodal Officer Vidyanjali, Nodal Officer FIT INDIA MOVEMENT, University Coordinator Unnat Bharat Abhiyaan

- 1. **Assistant Security Officer of University**: Appointed as the Assistant Security Officer of the University by the Hon'ble Vice Chancellor of the University in addition to the duties of Director Physical Education (o) of the Netaji Subhas University of Technology, Dwarka, New Delhi w.e.f. 27.12.2022. F.No.122(209)/99-Estt./NSIT/1862 dated27.12.2022.
  - 1.a MOKSHA and INNOVISION: Arranged all the security arrangements related with the organization of Annual cultural and technical festival Moksha and Innovision from 6<sup>th</sup> April to 8<sup>th</sup> April 2023. Security arrangements includes, extra deployment of Security guards, arrangement and lesioning with local police etc. As estimate of more than 35000 students arrived per day in the festival.
  - **1.b Letter of Appreciation:** A letter of appreciation was awarded by university for the excellent work done as ASO during MOKSHA and INNOVISION.
  - 1.c Extension of Contract for Security Agency: Worked out extension of contract of security agency for six months.
  - 1.d **Member Proctorial Board.** Appointed as member Proctorial Board as ASO.
- 2. University NSS Coordinator: Appointed as the University Coordinator of National Service Scheme of NSUT, in the month of January 2020. Started with 01 Unit (100 Volunteers) of NSS in

- 2022, moved forward and Increased strength to additional 2 Units with 300 volunteers. Converted the NSS Units under Self Finance to Government Aided Units.
- **2.a National Award:** One volunteer of NSS won the National Award from Hon'ble President of India during my tenure as programme Coordinator NSS NSUT CELL
- **Received 2 awards from Krisha foundation:** NSS award for Exemplary Leadership for the year 2021 and 2023
- 2.b Awarded by District Magistrate for voter awareness. Received appreciation letter from SDM election.
- 2.c Installed 35 MTR high mast flag at our West campus and East campus in coordination with Delhi Govt. Scheme of Installing Flags at various places in Delhi. Proposed for same in our adopted villages.
- 2.d NSS Magazine Azad -01 Released 1<sup>st</sup> Edition of NSS Magazine Azad -01 of NSS NSUT CELL on 23<sup>rd</sup> March 2022 on the occasion of 92<sup>nd</sup> Saheed Diwas. Released 2<sup>nd</sup> Edition of NSS Magazine Azad -02 on 26<sup>th</sup> January 2023.
- 2.e **National Integration Camp (NIC):** National Integration Camp was awarded by Ministry of Youth Affairs and Sports, Govt. of India to NSUT, under my leadership as University Programme Coordinator, NSS NSUT CELL. National Integration Camp was held in NSUT from 23<sup>rd</sup> May 2022 to 29<sup>th</sup> May 2022.
- 2.f **NSS Magazine Azad -02:** Released 2<sup>nd</sup> Edition of NSS Magazine -02 of NSS NSUT CELL on the occasion of Republic Day -2023.
- 2.g **Project awarded by Hon'ble Minister Sh. Kailash Gehlot**: A project to educate 40 students of Jai Vihar, Najafgarh Constituency was awarded for Digital Literacy.
- 2.h **Digital Literacy Project :** 35 youth of Chhawla constituency were given 10 days Basic Computer Literacy Training Programme at University from 19<sup>th</sup> June to 30<sup>th</sup> June23.
- 2.g **NSS NSUT CELL on Digilocker:** NSS NSUT CELL become the first unit in India to register itself on Digilocker for the issue of NSS certificates through Digilocker.
- 4. **G-20 Organizing Committee:** Appointed as member organizing committee for the conduct India's G-20 Presidency related activities. F.No 84(198)/2022-23/DSW/NSUT/1904 dated 03.01.2023
- **3. FIT INDIA MOVEMENT:** Appointed as the Nodal officer of FIT INDIA MOVEMENT of the University w.e.f 19.03.2021. Conducted various programmes under FIT India Movement, like Cyclothon, Marathon, Cross Country, Cricket Matches between Faculty of DTU and NSUT, Unity Run in collaboration with DM South west office, world bicycle Day. etc
- **4. Vidyanjali Higher Education Volunteer Programme:** Appointed as the University Nodal Officer for the Programme w.e.f 21-01-2022. Done registration of NSUT on the portal of Vidyanjali. Conducted various triaing programmes for Faculty and Students for Vidyanjali schemes.
- **5. Unnat Bharat Abhiyaan:** Appointed as Project Coordinator, to carry on the activities of Unnat Bharat Abhiyaan in university w.e.f 07.02.2022.
  - 5.a **Adoption of Villages**: Adopted 05 villages, Badusarai, Nanakheri, Rewla Khanpu, Pochanpur and Jaffarpur in south West District under Unnat Bharat Abhiyaan and done various

- activities under Clean India Programme, Voter Utsav, Installed common drinking water facility for villagers.
- 5.b **Sanction of Seed Money**: Seed money of Rs.50,000.00 was sanctioned to do surveys in the adopted village.
- 5.c **Project Awarded**: A project under Under Bharat Abhiyaan was awarded for Establishing Digital Center at Nanakheri and Badusarai, with the sanction of Rs.100000.00 for it.
- **6. Installation of 35 Mtr High Mast Flag at NSUT west Campus:** Took Initiative and coordinate with The Executive Engineer South West Road 1, Division PWD, Barar Square, Delhi Cant.110010. dated 25.11.2021 and get Installed the #5 Mtr High Mast Flag at NSUT West Campus, and thus created a durable asset for university.
- 7. **Member Women's Safety Committee:** Appointed as the member of the women's safety Committee by the Hon'ble Vice Chancellor NSUT vide office order No 11/ICC/2018/NSUT dated 28.06.2019.
- 8. **Member Implementation Committee Field and Extension Outreach**: Appointed as member Implementation Committee (Main Campus) for University Extension and Field Outreach. F.No40(4)/2022/constitution CEFO/NSUT/1715 dated 25.11.2022
- 9. **Member Village adoption Committee:** Appointed as the coordinator main campus under Dean Extension and outreach to adopt the 04 villages, Kair, Bakkargarh, Mundehla Kalan, Badarpur Khadar. Kair and Bakkargarh villages were adopted by main campus. F.No:40(10)/2023/EFO/NSUT/49 dated 24.03.2023.
- 10. **Member Internal Complaint Committee:** Appointed as member Internal Complaint Committee (Main Campus) for University F.No220(5)/2018/Estt./NSUT/29 dated 07.04.2022

#### Responsibilities as Expert, Practical Examiner, Member of the Committees.

- 1. Lady Irwin College (University of Delhi): Appointed as the External Subject Expert to conduct Physical Fitness Test for the appointment to the Post of Director, Physical Education, dated 25.09.2024.
- 2. Member Inauguration Committee Synthetic Running Track by Hon'ble LG and Hon'ble CM of Govt. of Delhi. Vide order F.No. 253(5)/R.O./Convocation/NSUT/2024/49, dated 01.07.2024
- **3. Member Seating Arrangement Committee 2<sup>nd</sup> Convocation Ceremony of University:** Vide order F.No. 253(5)/R.O./Convocation/NSUT/2024/49, dated 01.07.2024
- 4. Sports University Haryana: Question Paper Setter for Sports University Haryana.
- 5. **Central University Haryana:** External Examiner in Central University Haryana for Practical Examination.

- **6. Sri Guru Gobind Khalsa College (University of Delhi):** Appointed as the External Subject Expert to conduct Physical Fitness Test for the appointment to the Post of Director, Physical Education, dated 17.12.2023.
- **7. Zakir Husain College-Expert Physical Fitness Test:** Appointed as the External Subject Expert to conduct Physical Fitness Test for the appointment to the Post of Director, Physical Education, dated 08.08.2023.
- **8. Dyal Singh College-Expert Physical Fitness Test:** Appointed as the External Subject Expert to conduct Physical Fitness Test for the appointment to the Post of Director, Physical Education, dated 13.08.2023.
- **9. Expert Athletics to conduct Sports Trials :** Appointed as Expert to conduct the Athletics Trials (M & W) for admission on the basis of Sports in UG Programme -2023 of University of Delhi.
- **10. Member Evaluation of Sports Certificate- Delhi University:** Appointed as Expert to Evaluate Sports Certificate of the Sports Supernumerary Quota Admission of the University of Delhi from 31<sup>st</sup> July 2023 to 14<sup>th</sup> August 2023.
- **11. DAV Public School External Subject Expert:** Appointed as the External Subject Expert to select PGT, TGT, PRT and Sports Coaches for DAV School Sector-14 Gurgaon dated 01.07.2023.
- **12. DAV Police Public School External Subject Expert:** Appointed as the External Subject Expert to select PGT, TGT, PRT and Sports Coaches for DAV Police Public School RTC Campus, Near CRPF Academy, Gurgaon dated 27.04.2023.
- **13. DAV Public School External Subject Expert:** Appointed as the External Subject Expert to select PGT, TGT, PRT and Sports Coaches for DAV School Sector-14 Gurgaon dated 10.03.2023.
- 14. Subject Expert (Physical Education 7 Sports) in the selection committee of Delhi Skill and Entrepreneur University: Nominated as the subject expert of the selection committee to appoint the panel of Physical Education Teachers in Delhi Skill and Entrepreneur University, Govt. of NCT Delhi. 01.01.2023
- **15. Gurugram University Outside Subject Expert**: appointed you as an outside expert to constitute the sports council of Gurugram university. 16<sup>th</sup> December 2022.
- 16. Expert Board of Post Graduate Studies and Research (BOPGS&R), Chaudhary Ranbir Singh University, Jind from: 2020 to 2022
- **17. Member Interview Board:** Appointed as the member of the interview board by the Edcil (India) Limited for the selection of various teaching post at Bhuvneshwar in the year 2016 and 2018.
- **18. Member Selection and Search Committee Commonwealth Games:** Appointed as the member of the search and selection committee for the selection of volunteers for the 2010 commonwealth games held at New Delhi.

- **19. External Expert of Delhi University Fitness Test:** Appointed as expert for the conduct of Fitness Test and Athletics Trials (M&W) for the admissions on the basis of Sports Quota U.G course of Delhi University, 2016-2017.
- **20. Member All India School Sports Promotion Council:** Appointed as the Council Member of All India School Sports Promotion Council -2016.
- **21. External Expert Chaudhary Charan Singh University, Meerut:** Appointed as the External Expert to conduct BPEd Practical Exam at CCSU, Meerut-2016-2017.
- **22. Paper Setter Ch. Charan Singh University,** Meerut: Question Paper setter for BPEd, MPEd of Ch. Charan Singh University, Meerut
- **23. External Expert University of Delhi:** Appointed as the External Expert to conduct BPEd, MPEd practical examination of the Department of Physical Education, University of Delhi-2017-2018, 2018-2019.
- **24.** External Examiner, University of Delhi: Appointed as external examiner to conduct practical exams of the Department of Physical Education, University of Delhi-2017-2018, 2018-2019, 2019-2020.
- 25. Expert Sports Verification and Physical Fitness Committee Indira Gandhi Institute of Physical Education and Sports Sciences (IGIPESS), University of Delhi: Appointed as external expert to verify the sports certificates and to conduct the Physical Fitness Test of IGIPESS, University of Delhi-2017-2018, 2018-2019, 2019-2020.
- **26.** External Examiner, Maharishi Dayanand University, Rohtak: Appointed as external examiner to conduct practical exam of the BPEd, of the Department of Physical Education, M.D University, Rohtak-2017-2018.
- **27. Member Delhi University Sport Council:** Appointed as the member of the Delhi University Sports Council (DUSC), University of Delhi for the Centralized Marking of Merit/Participation Sports Certificates of UG admissions under Sports Quota..
- **28. Member Selection Committee Delhi Technical University (DTU):** Appointed as the member Selection Committee for the appointment of Sports Coaches at Delhi Technical University, Delhi-2018.
- **29. Member Selection Committee Kendriya Vidyalaya Sangathan (KVS):** Appointed as the member Selection Committee for the appointment of Physical Education Teachers at KVS, 2019.
- 30. **Member Selection Committee Netaji Subhas University of Technology (NSUT):** Appointed as the member Selection Committee for the appointment of Sports Coaches at NSUT, Delhi-, 2015, 2019, 2022.
- **31. Member Selection Committee-** Member of the Selection committee for the selection for the post of Sports officer at IIIT, Delhi-2013 July.

- **32. Member Discipline Committee NSUT:** Appointed as the member Discipline Committee at the Inauguration Ceremony of the Upgradation of NSIT to NSUT, 2018.
- **33. Member Discipline Committee NSUT:** Appointed as the member Discipline Committee for the Induction Programme of the Newly admitted students of NSUT, 2019-2020.
- **34. Member Induction Programme Committee NSUT:** Appointed as the member of the Induction/ orientation Programme for the newly student admitted to NSUT, 2020-2021.
- 35. Member Committee for Association of Indian University:
- **36. Member Committee of designing of NSUT Flag:** Appointed as the member of the Committee framed to design the Flag of NSUT.
- **37. Teacher Incharge Venatus (Gaming Society, NSUT):** Appointed as the Teacher Incharge of the Venatus, a gaming society of NSUT
- **38. Internal Complaint Committee NSUT:** Appointed as the Coordinator Internal Complaint Committee of NSUT to conduct Self Defence Training Programme for the Lady staff and Girls Student of NSUT.
- **39. Member Board of Studies for Personality Development Courses NSUT:** Appointed as the member Board of Studies for the Personality Development (Foundation Elective) courses 2019.
- **40.** Practical Examiner of Post Graduate Exams, Chaudhary Ranbir Singh University, Jind: Appointed as the Examiner for MPEd exams by CRSU, Jind, Haryana, December 2020, April 2023.
- **41. Question Paper Setter:** Appointed as question paper setter for Chaudhary Ranbir Singh University, Jind. Aug 18'2022.
- **42.** Coordinator Independence Day, Republic Day and Netaji Subhas Anniversary Celebration: Appointed as the Coordinator of the Committee for the celebrations of Independence Day, Republic Day and Netaji Subhas Celebrations at NSUT since 2010.
- **43. Member Women Safety NSUT:** Appointed as the Member of the Committee framed for the women safety at NSUT, 2019.
- **44. Member Committee for Association of Indian University (AIU):** Appointed as the member of the committee for preparation, uploading and submission of documents at Association of Indian University.

#### **Initiate Taken as Director Physical Education:**

- 1. North Zone Inter University Tournament: Took Initiative to organize the Tournament under the agies of Association of Indian Universities.
- 2. All Delhi Government Inter University Sports Tournament: Took Initiative to organize the sports tournament involving all the 8 universities of Govt. of NCT Delhi.

- **3.** Conversion of Cinder Track to Synthetic Track: Took Initiative to convert the existing cinder running track to Synthetic running Track (All Weather Track) at university.
- **4. State of the Art Gymnasium:** Created state of the art Gymnasium equipped with all the latest fitness equipment in the year 2011.
- **5. Installed Open Garden Gymnasium Facilities in University:** Initiate Proposal and Procure the Open Garden Gymnasium Facilities for Students and Residents of University at 02 Places.
- **6. Expansion of Indore Gymnasium:** Initiate the proposal to Expand the Indore Gymnasium space and additional Gymnasium Equipment's for University Students.
- 7. Association of NSUT Sports with Corporates: Corporates like Pepsi, FILA, Shri Ram Group of Companies, Times education group, Carrer Launcher, Numero UNO, CVENT etc were connected with the NSUT sports. The corporates gave prizes in cash and in kinds with other motivational gifts items to students of NSUT.
- **8. Initiated a Cash Prize for Students Sports Winners:** Initiated a policy of giving cash prizes to students of NSUT in various categories of Sports to bring more motivation to students.
- **9. Sports Kits to Student and Staff:** Initiated a proposal and get it approved to give sports kit to student representing NSUT at various inter College and Inter University tournaments. TO motivate staff towards more fitness and sports activities, sports kits have been given to all the participants.
- **10. Initiated Staff Sports Activities:** Initiated a Inter-departmental sports activities for the staff and faculty of the University.
- **11. Funds Generation:** Initiated and approved a Policy of Renting out NSUT Sports Grounds to Schools and Corporates on weekends to generate funds to self-sustain the Department of Physical Education .
- **12. Professional Sports Coaching:** Initiated a Policy and approved the appointments of Professional sports coaches and Gym Instructor/Aerobics Instructor on contractual basis for the professional sports training to the students of NSUT.
- **13. Self Defense Training Programme:** Started a regular self-defense training programme for the girls and women safety of the University.
- **14. Design the Course of Foundation Elective FE001 and FE002:** Designed the course contents of the Foundation elective course FE001 and FE002

# New Infrastructure Created as Director Physical Education:

- 1. Synthetic Track 400 Mtr
- 2. Gymnasium: State of the art Fully air-conditioned functional Gymnasium
- 3. Billiards- Pool Table: Fully air-conditioned functional Billiards -Pool Table facility.
- **4. Table Tennis:** Fully air-conditioned Table Tennis facility.

- **5. Indoor Badminton Court:** Conversion of empty space of student activity room to indoor Badminton Court, without any financial implication to university.
- **6. Beach Volleyball Court:** Conversion of empty space/ unutilized space of the sports complex of University to Beach volleyball Facility, without any financial implications to university.
- 7. **Sight Screen in Cricket Ground:** Fabricated and raised the Sight Screen facility to university cricket ground to (without any financial implications to university)
- 8. Centre Turf Cricket Ground: Relay the Upper soil of central turf of cricket ground.
- **9. Practice Nets Cricket:** Created a facility of Cricket Nets cemented and Turf with permanent Net Fixtures.
- **10. Net Ball Court:** Conversion of empty space/ unutilized space of the sports complex of University to the Net Ball Court and Nets around the field without any financial implications to university.
- 11. Installation of Flood Lights (LED) in Basketball, Lawn Tennis and Volley Ball Court.
- 12. Relaying and re-grassing of Football and Volleyball Court.
- 13. Installation of Centralized Irrigation System (Pump House) for the entire sports complex.
- 14. Raising Nets to the Volleyball and Basketball Courts. (without any financial implications to University).
- **15. Shooting Range:** Raised and get approved the proposal of creation of 10 station Shooting Range at Sports Complex. (Under Process)
- **16. Open Air Gymnasium/ Garden Gymnasium:** Created open Garden Gymnasium Facilities for Students and Employees of NSUT at 02 different places.
- 17. Expansion of Gymnasium Equipment's and floor area (Renovation): Get the approval of the expansion of Gymnasium equipment's and the renovation of Existing Gymnasium. (Under Process with Engg. Cell NSUT)

#### Job profile:

# Planning and Execution of Sports Activities:

- 1. **Budget for Sports Activities:** Prepare the annual budget for the student's sports activities with in and outside the Institute and get it approved from the competent authorities.
- **2. Purchase and of Sports Gears** Preparing the requirement and Purchasing of all the sports essentials required for the year in the Institute.
- 3. **Maintenance of Records and Stock:** Maintain all the records of students and other essential file work related with stocks and purchase
- 4. **Inter College Tournament** Prepare the teams for various Delhi University inter college tournaments.

- 5. **Intra Murals Tournaments** Conduct and organize various Inter Class and Open Sports Tournaments for the students of the Institute.
- **6. Annual Sports and Athletic meet and Prize Distribution-** Conduct and organize the Annual Sports and Athletic Meet and Prize Distribution annually.
- 7. **Infrastructure Development** Develop and Maintain the Sports Arena in the campus measuring about 22 Acres. Standard Running Track of 400 Mtr, Football Field, Cricket Ground, Basket and Volley Ball Courts, Lawn Tennis and Badminton Courts
- 8. **Gymnasium.** Develop and maintain the state of Art Gymnasium and Fitness Centre in the Institute.
- **9. Fitness Programme-** Plan and organize the various fitness programmes for the staff and faculty of the Institute.
- **10. Sponsorship-** Arrange the sponsorship from corporates in form of kinds and cash as incentives and motivation for the students and staff of the Institute.
- 11. **Tender Document-** Prepare and execute tender for various purchase and Development works.

#### **Professional Training Certification:**

- 1. Successfully Completed 3 days "Awareness, Sensitization and Hand Holding Programme for NAAC Accreditation Procedures by NITTR, Chandigarh 26th July to 28th July
- 2. Workshop on Management of Sports Injuries-2007.
- 3. International Orientation course on Sports Medicine (Effective Weight Management)-2008
- 4. Faculty Development Programme on MOODLE Learning Management System in association with spoken tutorial Project IIT, Bombay- 2020
- 5. UGC sponsored 2 weeks Refresher Course in Physical Education. -2011
- 6. UGC sponsored 2 weeks Refresher course in Science of Yoga and Meditation-2020.
- 7. UGC sponsored 3<sup>rd</sup> National Conference on Latest Trends in Health and Physical Education- 2019.
- 8. Co-Chairperson at National Seminar on Holistic Approach In Healing-2007.
- 9. Advance Management Development Programme.
- 10. National Conference on Role of Physical Activities on Holistic Personality Development-2010.
- 11. Role of Physical Education and Sports in Nation Building-2011
- 12. Conference on Technology for Rural India: Challenges and Perspectives-2008
- 13. Attended Information/Education session on Anti Doping in Sports-2007
- 14. Awarded Brown Belt in Karate, BodoKai Martial Arts.
- 15. Awarded 'A" certificate in couching of VolleyBall.
- 16. Awarded 'B-1' grade sportsman in Volleyball by Sports Department Haryana.

# Research Paper Publications at International Journals, International Conference, National Seminar /Conference:

**1.** Presented Research Paper in the Ist International Conference of the Department of Management Studies, NSUT: Sustainable Development: A Pathway to a Balanced Future.

- 2. Attended 2<sup>nd</sup> National Conference on Professional Social Work for Youth Development, organized by Department of Social Work, Rajiv Gandhi National Institute of Youth Development, Sriperumbudur from 25 to 26<sup>th</sup> March 2022 through Online Mode.
- 3. Panelist in Panel Discussion on the occasion of National Girl Child Day, conducted by Acharya Narendra Dev College, University of Delhi, on 24 January 2022.
- 4. International Conference on Physical Education and Sports Sciences 2019: Descriptive Study of Role Played by Exercise and Diet on Brain Plasticity, at Dubai; UAE.-2019
- 5. Research Paper Publications in International Journals (IOSR Journals): Paper Published on "Comparison of the selected Psychological and Anthropometric Characteristics between Successful and Unsuccessful Volleyball Players-2016."
- Research Paper Publications in Online International Interdisciplinary Research Journals ISSN 2249-9598. Volume VI, May 2016: Construction of Rating Scales for Hitting Dribbling and Scooping in Hockey.
- Research Paper Publications in Online International Interdisciplinary Research Journals ISSN 2249-9598. Volume VI, May 2016: Physiological Responses of Distance Runners under Simulated Competition Demands
- 8. National Seminar on Recent Trends in Physical Education and Alternate Therapies 2006. Paper Presented on An Appraisal of Injuries in Badminton.
- 9. UGC Sponsored National Conference on Latest Trend in Health and Physical Education 2019: Paper Presented on Comparative Study on the effects of Exercise and Sleep on the Process of Learning.

#### **Projects:**

1. Establishment of Digital Centre: 02 number of Project got selected under UBA. Total Estimated Cost 3,60,000.00 each. Money to be received under project from UBA Rs.200000.00. Balance money from University under CSR.

#### **Achievements**:

- Sports Presentation Manager: Appointed as a sports Presentation Manager by the organizing Committee of 2010 commonwealth games as Sports Presentation Manager. Organized various sports presentation ceremonies at Karni Singh Shooting Range and Kadarpur Shooting Range.
- **Member Selection Committee:** Appointed member Selection committee for the selections of volunteers for 2010 commonwealth games.
- Member Selection Committee- Member of the Selection committee for the post of Sports officer at IIIT, Delhi.
- **Member Selection Committee**: Member of the Selection committee for the post of Physical Education Teachers for Odisha State.

- **Interview Board Member** for the post of PET (Physical Education Teacher) in Odisha, Adarsha Vidyalaya Sangathan, Govt. of Odisha, Bhubaneswar from 10 th March, 2016 to 12 th March, 2016.
- Nominee Delhi University Sports Council: Nominee for the Delhi University Sports Council for admission under Sports Quota PG and UG.
- Observer Delhi University Sports Council: Observer of Delhi University Sports Council for Sports
  Quota Admissions at various Colleges of Delhi University.
- Convenor of Inter College Sports Tournament Committee: Convenor of various Delhi University Sports Tournament Committee inter College Tournament.
- Member Selection Committee DAV School and DAV Police Public School.
- Member Selection Committee DSEU
- Outside Subject Member Committee Gurugram University to constitute Sports Council

# **Sports Achievements:**

- Cycling: Participated at National and Inter University level competition
- **Swimming:** Participated at State Level competition
- Athletics: Participated at All India Inter University, Delhi University and State Level competition
- Volley Ball: Participated at Nationals and School Nationals competition.
- Power lifting: Participated at District level competition